

ANNUAL REPORT

RURAL ALIVE AND WELL

2017/2018





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Vision Statement

RAW Inc. is an incorporated not-for-profit organisation formed to build the resilience and capacity of individuals, families and the community to respond to challenging life experiences with particular emphasis on mental health and wellbeing.

Vision

To increase the health and wellbeing of the Tasmanian rural community, to improve mental health, resilience and suicide prevention.

Mission

To improve mental health and wellbeing throughout Tasmania, to assist and support rural communities to respond to adversity, improve resilience and reduce rates of suicide.

Values

RAW is committed to providing rural Tasmanians with a service that builds trust and is delivered with care, commitment and compassion.

Board of Directors

President – Ian McMichael

Vice President – Nick Goddard

Junior Vice President – Anne Downie

Treasurer – Dianne Fowler

Public Officer – Nicholas d'Antoine

Secretary – Robin Thompson

Members – Noel Beven, Ron Christie, John Tuskin, Dr Robert Walters and Leonie Young

Board Sub Committees

Finance Audit Risk & Compliance

Dianne Fowler

Ian McMichael

Nick Goddard

Marketing, Public Relations & IT

Ron Christie

Dr Robert Walters

Nick Goddard

From the President

It gives me pleasure to present the 9th Annual Report of Rural Alive and Well Inc. for the year 2017/2018.

The RAW Team has continued to pursue our objectives to promote improved mental health, community resilience, and to reduce the stigma related to such illnesses and suicide activity. Our clear and ongoing focus is the delivery of early intervention programs; improvement in community connectivity through co-operative support; plus training and education initiatives.

RAW is unique in Australia with Tasmanian rural and remote communities now having recorded the 2nd lowest rural suicide rate in Australia per 100,000 population and is the only state with a lower rural vs metropolitan suicide rate. It is the collaborative contribution of the services and communities in rural areas across Tasmania that has led to this strong reduction.

The many and varied issues of mental health and potential suicidality continue to be at the forefront of our daily encounters. We recognise that the above positive reduction represents a small but significant achievement and note with caution the vagaries of the economic and climatic conditions that surround us.

Reviews of both our Outreach and Healthy and Resilient Communities (HaRC) programs carried out by various departments within UTAS have confirmed our effective approach but also allowed us the opportunity to refine and enhance our delivery.

Key activities for year included:

- Continued support from The Ian Potter Foundation, TasNetworks and The Cape Hope Foundation for the implementation of the Healthy & Resilient Communities Project throughout 31 communities in Rural Tasmania.
- RAW being the recipient of a substantial donations from individuals and organisations; Roberts Ltd, The Merrin Foundation, Rotary Australia, to name but a few to support our ongoing outreach services.
- Continued support from the State Government to assist with bi monthly visits to King Island and Flinders Island.
- On-going auspices of information sessions, attending many community functions and shows, (eg. Agfest) endeavouring to promote a stronger approach within communities around Mental Health and Suicide issues to help reduce the Stigma attached to these illnesses.
- Continuing to work closely with other NGO organisations like: Rural Business Tasmania; Lifeline; Relationships Australia; Anglicare; Beyond Blue; Salvation Army; Uniting Care, Rotary, Men's Sheds etc. to name a few. The importance of these relationships should never be underestimated.
- Ongoing activity to maintain sound long-term funding for the program from all levels of Government and the Private sector.
- An external evaluation of our services through UTAS with the view to assess and enhance our programs, structure and service delivery.

The pressure for our services continues to push the boundaries. For RAW to operate effectively the security of long-term funding cannot be underestimated. Whilst we understand the budgetary pressures on Governments etc. a whole of community approach is necessary to alleviate the pain and stigma of this crisis.

RAW acknowledges that it would be unable to carry out this work if it were not for our partners... the three tiers of Government and the Private sector. I acknowledge particularly the strong understanding, input and support from the State Government; Federal Government and Local Governments (Glamorgan/Spring Bay, Southern Midlands LGA's) for their active participation. The Private sector, the 'believers' in our programs, notably The Ian Potter Foundation, Tas Networks, The Merrin Foundation, Roberts Ltd, Cape Hope Foundation, and Rotary Clubs to name but a few. To you all and the many others, your generous support is certainly appreciated and drives us to push the boundaries to improve the understanding and access to mental health services across rural Tasmania and beyond.

To my fellow Board members and all the staff, RAW continues to be a team effort. Your dedication and advice continues to strengthen the recognition of the RAW brand. On behalf of our rural communities, I sincerely thank you for your continuation to drive our vision and objectives for the betterment of rural and remote individuals and communities in Tasmania.

Ian McMichael
President

From the CEO

My second year as CEO of RAW has been very busy working to consolidate our funding base and building on the things that we are doing well, as well as working with the Board, staff and community to identify how we could be doing things differently or better.

RAW is an incorporated non-government organisation that is the only state-wide provider of mental health wellbeing and suicide prevention programs to rural Tasmania. RAW is an entirely mobile service delivering its programs via a fleet of SUV's that move around the state. We also deliver services on King and Flinders Islands in the Bass Strait.

RAW is highly respected in the communities it services and makes a significant contribution to the sustainability and quality of life of rural communities across Tasmania. In 2017-18 RAW received a small amount of philanthropic funding to assist rural communities on the Australian mainland to establish similar programs.

Services delivered by RAW are low-cost, low-stigma mental health and suicide prevention programs that provide person-centred, non-clinical care and practical support through assertive outreach. Our services aim to improve mental health and well-being and

prevent repeat suicide attempts and suicide deaths. In 2017-18 RAW delivered its services through two main programs.

Firstly, the RAW Outreach program that provides direct support to individuals, families, and communities who are 'at risk' of suicide or who are experiencing mental health issues. In 2017-18 RAW had 10 Outreach Workers (approx. 7.5 FTE) on the ground to cover all of rural Tasmania. The Outreach program is available 24/7 either face-to-face or through our 24/7 phone service, 1300 HELP MATE. In 2017-18 the Outreach program:

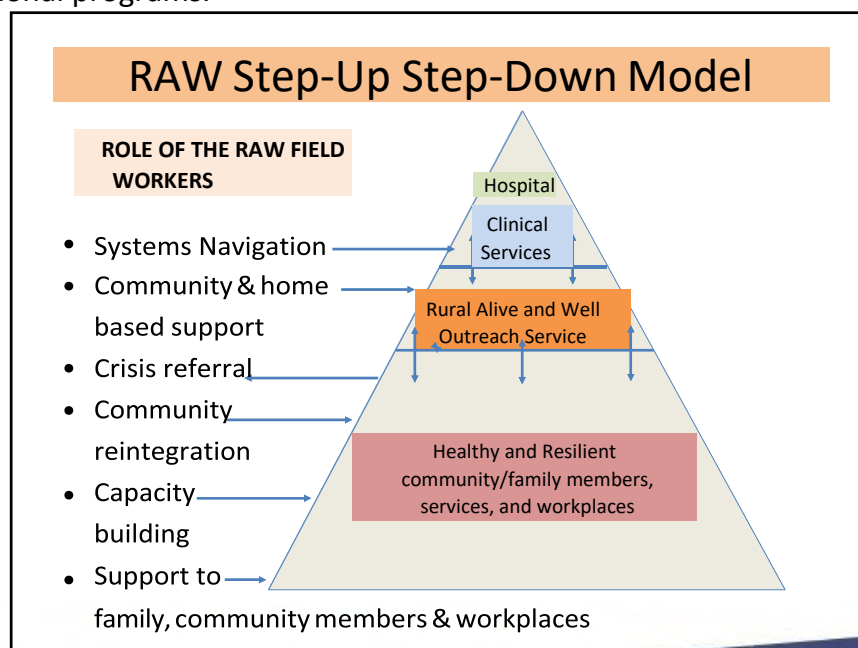
- received 503 new referrals and worked with 917 clients;
- delivered 2,272 face-to-face and 917 phone counselling and support sessions;
- identified 80 (8.7%) of our clients as 'at risk' of suicide or self-harm; 68 (7.4%) as 'in crisis'; and, 274 (29.8%) as 'isolated' or 'lonely' (a significant suicide risk factor);
- received 615 calls to its 24/7 HelpMate crisis line.

RAW acknowledges and thanks the Tasmanian Government and Primary Health Tasmania for their ongoing funding of the Outreach program.

Our second program, Healthy and Resilient Communities (HaRC), aims to build community capacity in order to enhance mental health and wellbeing protective factors such as coping capability, resilience and connectedness, and to better equip rural Tasmanian communities to react to challenging life experiences and recognise and support community members who may be doing it tough or 'at risk'. Over three years RAW has worked with 31 rural communities across Tasmania to deliver HaRC.

RAW acknowledges and thanks the Ian Potter Foundation, TasNetworks, and the Cape Hope Foundation for their ongoing support of the HaRC program.

RAW operates in a 'step-up/step-down' model by providing 'systems navigation' and facilitating engagement of rural people with clinical and specialist services as required, and by working in partnership with families and communities to support integration and reintegration of 'at risk' individuals into their local community networks including social and recreational programs.



The following is a list of major activities in RAW over the 2017-18 budget year:

Program Evaluations

In partnership with the University of Tasmania, RAW undertook evaluations of both its major programs. The Outreach Program evaluation was undertaken by the School Of Social Work through a 6-person Student Unit located state-wide in RAW. The Ian Potter Foundation provided funding for RAW to engage the Centre for Rural Health to evaluate the HaRC program.

Reports of both these evaluations are available on the RAW website. Their recommendations are being used to further improve and develop RAW's services.

Collaborations and Partnerships

RAW continued or developed ongoing partnerships and activities with the following organisations: the Hobart Clinic; the Men's Sheds Network; Golf Tasmania; John Wallis Foundation; Rural Youth; the Grenet Foundation; Rural Business Tasmania (RBT); Lifeline; local Rotary clubs; Alcohol and Drug Foundation (ATDC); Psychs on Bikes; Drug Education Network (DEN); Suicide Prevention Australia (SPA); Mental Health Council of Tasmania (MHCT); Alcohol, Tobacco, and other Drugs Council of Tasmania (ATDC); Community Response to Eliminating Suicide (CORES Australia); Council of the Aging (COTA); and, Headspace.

Conference Papers

The CEO spoke at various conferences across Australia on effective responses to rural suicide prevention and RAW's programs, these included: Australia Pacific Extension Network Conference (Townsville); Rural and Remote Mental Health Symposium (Gold Coast); National Association of Agricultural Educators Conference (Launceston); Mental Health Reform Conference (Melbourne); and, TFGA Inspire – Women in Farming Conference (Launceston).

Working with Industry

RAW was contracted by the Department of State Growth to support those affected by the closure of the dairy processing facility at Edith Creek, the Murray Goulburn program. RAW delivered direct services including support, counselling and referral to vulnerable individuals and families in the community and indirect services focussing on capacity and resilience building with local organisations, services, and businesses to support community wellbeing.

RAW was approached by the Tasmanian Seafood Industry Council (TSIC) to work with them to design and deliver a state-wide program to the seafood industry in order to enhance the mental health and well-being of industry members and reduce suicide. The development of a comprehensive strategy is a work in progress.

New Funding for Outreach Services to Older People

Tasmania has the oldest and fastest aging population of any Australian state. As part of their 2018 election commitments, the Tasmanian Government provided \$380,000 over two years for RAW to deliver extended Outreach services to the 65+ age group. This age group is the Outreach program's fastest growing client group.

In 2017-18, 16.7% (153) of our clients were 65+ years. In 2016-17, 14.7% of our clients came from this age group, this was a 50% increase in that year... this proportion had already doubled over the previous 4 years. The development of a comprehensive strategy for serving the needs of older rural Tasmanians is a work in progress in partnership with organisations such as COTA.

Policy Development

In May 2018 RAW provided a written and subsequent verbal submission to the *Senate Inquiry into Accessibility and Quality of Mental Health Services in Rural and Remote Australia*. A copy of this submission is available on the RAW website.

Natural Disaster Recovery

After the 2016 NW floods the Department of Premier and Cabinet established the Recovery Partners Forum to establish more effective collaborative effort across the Government and non-Government organisations in the event of future natural disasters in Tasmania. RAW is a member of the new Forum.

Suicide Prevention Test Site Program

The Australian Government announced Tasmania as the twelfth national Suicide Prevention Test Site to be established across Australia. The CEO of RAW is a member of the State Advisory Committee for this program and RAW Outreach Workers have been appointed to each of the Local Coordinating Committees of the three project delivery sites of Break O' Day; NW Coast; and, Launceston.

The above are just some of RAW's activities over the last year... we are a very busy place. In closing this report, I want to thank the Board and staff of RAW who have worked hard over the last year to deliver and improve our services and who have shared with me and each other mutual good will and support... you are a great bunch of people. In particular I want to thank the President of the RAW Board, Ian McMichael, for his unfailing support and boundless energy.

I also want to acknowledge and thank all of our community partners for their support through the year and the members of rural communities across the state who have taken the opportunity this year to voice their support for RAW and to offer us their wisdom about how we might improve our service in the future.

Elizabeth Little
Chief Executive Officer

From the Outreach Team Leaders

It gives me great pleasure to provide the Southern Outreach Team report for 2017/2018 financial year. As we moved into the year, there were no considerable changes within the Southern Outreach Team. In the later part of the year we have had Ebony De Jesus join the team for a day a week to cover part of the Southern Midlands.

It has been a challenging year for all Southern Outreach Workers as resource limitations have meant that they have had to cover a broader area in the South of the state, with some workers covering significantly larger areas to get the job done.

In the South the Outreach Team have had great pleasure in supporting the Training Team roll out the Mental Health First Aid Training to a number of communities, which also connects us and our services with those Communities.

As Team Leader in the South this year I have found things to be busier for me as there is a lot more work in the management role as we roll out service improvements, however I have coped with this quite well. As a Team Leader, I deliver two Outreach Worker days per week and use my other three days to support and develop the capacity of the Southern Team... I am enjoying both roles at the moment.

As a member of the Senior Management Group(SMG) I have had the opportunity to provide my 'practice wisdom' and contribute to improving our services – I think the SMG works well as a team and are also making some really good decisions for the Organisation. We cannot afford to lose sight of the great work every one has been doing in the South and state-wide.

I would like to thank the CEO Liz Little and the RAW Board, Outreach & Business Services teams for their hard work and professional approach throughout the year. During the past year the Rural Alive & Well Outreach Team has connected and worked with many clients who often present with complex and immediate needs which requires RAW to have access to appropriate referral options. Our team continued to network with many service providers who can provide a variety of supports and assistance for our rural clients. This was critical and required services who can guarantee quality assurance through prompt responses, provide confidentiality, and could offer practical supports and assistance.

While the majority of our work was at the support and prevention level there were many times where our Outreach Team have been called upon or stumbled upon someone who was assessed to be at 'high risk' so the training that we have given our workers over the past year has been beneficial to the team to use on the ground and at the coal face every day.

I would like to acknowledge Kristy Mayne, Martin Howell, and, Andrew Baker for their dedicated and tireless work over the past twelve months... as a team the work is made easier. I would also like to thank them for the support that they have given me as a Team Leader over the past year.

Darren Thurlow
Southern Outreach Team Leader

The Northern Outreach Team can once again be proud of the work they have done throughout the year, making a positive difference in so many people's lives and we are lucky to have new members, Ruth Fisher and Ebony DeJesus join our team after their social work student placements at RAW.

Ruth joined our RAW outreach team to support the Circular Head community and Murray Goulburn workers as they wound down to factory closure and forced redundancies. The community once again showed their resilience and it was valuable to be able to be involved through this transition.

Ebony started with only a limited outreach role alongside her HARC work but this has expanded as the year progressed, building our capacity to backfill across the region when staff are on leave.

All outreach workers completed "Rural Minds" training, a program created by Rural and Remote Mental Health. This is a video based training package aimed primarily at farmers and people living in rural settings, which we are now able to deliver throughout Tasmania under the RAW banner.

Attending numerous agricultural shows and other events continues to be core activity for the team, raising awareness, networking and providing opportunities for engagement. Once again our presence at Agfest, this year across two sites, raised our public profile and helped position RAW among our peers.

The Psychs on Bikes toured the state again in February and we used the opportunity for collaboration in spruiking the "good mental health" story at numerous events around Tasmania. A similar message tailored to the Dairy Industry was presented at the Tasmanian Dairy Conference as all participants were involved in short workshop sessions allowing for plenty of Q & A.

We have built a strong connection with the football club at Scottsdale, a follow on from a number of suicide deaths in the North East, the football club are very supportive of RAW and offer a good point of engagement for the community.

The fruit fly incursion and associated fears, anxiety and overall stress for the Tasmanian Horticultural industry and many people associated with it including Biosecurity Tasmania and their staff, has been a major focus and area requiring ongoing RAW support in the North. Everyone has their fingers crossed hoping that we have seen the last of fruit fly here.

RAW have a strong connection in the National Suicide Prevention Trial, funded by the Black Dog Institute, with 3 outreach workers being involved in their respective trial site working groups in St

Helens, Launceston and Central Coast regions. We will have our finger on the pulse regarding findings and future opportunities.

I would like to thank Ruth, John, Rhonda, Jayne, and Ebony for their effort and contributions during this past year and everyone else who contributes to keeping our team on the road and look forward to delivering this much valued support service into the future.

Tony Barker
Northern Outreach Team Leader

Rural Alive and Well Statistics

	2016-2017	2017-2018
Direct Client Contact – Family	167	213
Direct Client Contact – Individual	3,003	3,234
Scheduled Client Bookings	1,947	1,874
Unscheduled Bookings	1,223	1,573
Females	462	200
Intersex or indeterminate	2	1
Males	657	300

From the Business Services Team Leader

It is with pleasure that I am able to provide the Business Services team report for the 2017-2018 period for Rural Alive & Well Inc.

The 2017-2018 year saw the soft launch of RAW staff conducted accredited training courses, for which Business Services provided the logistics. Through RAW conducted Mental Health First Aid courses, there are 162 individuals in rural Tasmania as accredited Mental Health First Aid Officers. I would like to acknowledge and thank the support of Clarence City Council & Dominos Do Good for providing grants to be able to roll out Mental Health First Aid Courses in Richmond, South Arm, Beaconsfield, Latrobe and Ulverstone. RAW has also provided information sessions and manager workshops to several large industry organisations, these organisations should be congratulated for taking a progressive and positive step forward, in acknowledging suicide prevention, mental health and wellbeing is a real issue with major impact, that awareness is not enough, that it also takes education and commitment to assist suicide prevention.

The focus for the Business Service Team this year was to continue to shape our corporate services into a financially lean and efficient model. The implementation of best practice processes and principles has assisted in this effort.

When you reflect on this report, it is with great pride I can boast that RAW services are delivered with the commitment and capability of just 16 incredible team members to provide a state-wide service to rural Tasmania. I would like to recognise and thank each of them.

Finally I would like to thank the following people for their support: Liz Little (CEO), the Outreach teams including their Leaders, the HaRC team, and especially the Business Services team Jacki and Kylie. Without their support, input, and enormous effort, RAW would not be the organisation it is today, allowing for continual improvement and evolution of the organisation, enabling the organisation to assist and support rural Tasmania.

I am also deeply grateful for the Board who have governed the organisation with great skill and commitment – most particularly Ian McMichael, our President who continues to inspire us all.

Peta-Maree Davidson
Business Services Team Leader

Healthy and Resilient Communities

Rural Alive & Well Inc. with the support of funding partners The Ian Potter Foundation, Tas Networks and the Cape Hope Foundation, launched the Healthy and Resilient Communities (HaRC) initiative in 2016. At RAW we believe that a healthy and thriving community is one in which members enjoy optimal health in an environment that actively promotes, productivity, rewarding and socially inclusive lives.

The 2017 -2018 financial year saw RAW working alongside 24 communities in rural Tasmania, enlisting stronger community participation in local suicide prevention and wellbeing initiatives.

RAW has actively enabled and supported the development and implementation of locally identified and owned suicide prevention strategies and projects designed to boost greater community resilience. Core to this initiative has been the establishment of local community wellbeing and suicide prevention groups and the implementation of locally identified and owned community projects.

Community Resilience Facilitators, Amity Deans and Ebony De Jesus, have supported and nurtured the establishment of new groups and the facilitation of awareness activities/expos and increased training opportunities in mental health and suicide prevention. As well we have acknowledged and respected the natural evolution of these groups to be active, in rest phases, and operate in structured and or more non-structured depending ways on the community's direction.

HaRC has developed sustainable partnerships and supported the following communities to increase their awareness of mental health and suicide prevention.

South	North
Bothwell	Georgetown
Huonville	Meander Valley
Tasman	Dorset
South East (Sorell to Nubeena)	Scottsdale
Geeveston	Mole Creek
Primrose Sands	St Helens
Sorell	Bicheno
Swansea	St Marys
Triabunna	Queenstown
Maydena	Ross
Dodges Ferry	
Cygnet	
Midway Point	

HaRC was granted \$20,000 through the Ian Potter foundation to undertake an evaluation of the HaRC Program. The UTAS Centre for Rural Health (CRH) was contracted by RAW to undertake a formative process of the HaRC program. The evaluation targeted four HaRC sites that were at different stages of development in terms of the establishment of local governance support structures.

The evaluation focused on the process-related aspects of the program including the efficacy of the service model, the extent to which the model reflects “best practice” in enhancing community resilience and capacity, and key enablers and barriers to achieving the programs objectives. The four communities that were involved with this evaluation were Bothwell, Huonville, Tasman Peninsula, and Georgetown. The outcomes of the evaluation have been published and are accessible in hard copy printed documents from our head office in Oatlands.

Geeveston and South East HaRC have continued to work on their successful Local Drug Action Team (LDAT) programs through their Australian Drug Foundation (ADF) grants. Now recognised as an Action Team, these HaRC’s will work collaboratively to prevent alcohol and other drug harms in their community. With support and resources from the Alcohol and Drug Foundation (ADF), the HaRC LDATs will deliver evidence-informed social change activities that strengthen protective factors to minimize AOD harms.

Geeveston LDAT has facilitated consultations throughout the community and have identified gaps in service provisions and supports around AOD. South-East LDAT has researched the prevalence of AOD issues in the community. Both LDAT’s will be submitting final Community Action Plans for further funding in late 2018-2019.

In Early 2018 RAW HaRc partnered with Psych's on Bikes. Psych's on Bikes is a national organisation that consists of mental health professionals riding motorbikes to raise awareness of mental health issues in rural and remote communities. The Tasmanian tour duration was 1 week and started in the north of the state with various stops including Queenstown, Mole Creek, Bicheno, St Helens, Scottsdale, Ulverstone, and Sorell along the way to Hobart. At each venue the POB and RAW team set up health checks where community members could access physical and mental health checks, and, if required, obtain further referral to appropriate follow up practitioners. The uptake for free health checks over the tour was 118 individuals.

We also recognise and give our appreciation to various funding bodies including Bendigo Bank and John Wallis foundation who have granted local HaRC groups funds to deliver Mental Health First Aid training within their community.

This year was a dynamic year for HaRc. We achieved the initial outcomes, 24 communities over 3 years, that we hoped to and have refined our strategies and approaches through the learnings obtained from the Evaluation which showed that RAW's HaRc program has a genuine ability to engage with rural and remote communities in a culturally respectful and positive way.

Through the connecting work between HaRC and the RAW Outreach program, RAW's capacity to build greater community resilience and improved well-being is sustainable. Local Outreach Worker involvement and community ownership will support the ongoing efforts of the HaRc groups to continue to educate, reduce stigma, and provide education and training around mental health, wellbeing and suicide prevention to rural Tasmanian communities.

Amity Deans
Community Resilience Coordinator

Event Highlights 2017 - 2018

- Royal Hobart Show Luncheon
- Psych's on Bikes
- Agfest 2018
- Old Mates Day
- Agricultural Shows around the state
- 12 MHFA Courses
- 1 Rural Minds Training Course
- Tasmanian Community Achievement Awards
- Information Sessions attended state-wide



Organisation Chart 2017/2018

President

Ian McMichael



Vice President

Nicholas Goddard



Junior Vice President

Anne Downie



Treasurer

Dianne Fowler



Secretary

Robin Thompson



Public Officer

Nicolas d'Antoine



Board Members

Noel Beven



Ron Christie



John Tuskin



Leonie Young



Dr Robert Walters



Chief Executive Officer

Elizabeth Little



Business Services Team Leader

Peta-Maree Davidson

Administration Officer

Kylie Lawless

Executive Officer and Events

Jacki Miller

Healthy and Resilient Communities

Amity Deans - Coordinator

Ebony DeJesus - Facilitator

Outreach Team Leaders Southern/Northern

Darren Thurlow

Tony Barker

Rural Outreach Workers

Andrew Baker

John Clark

Ebony DeJesus

Ruth Fisher

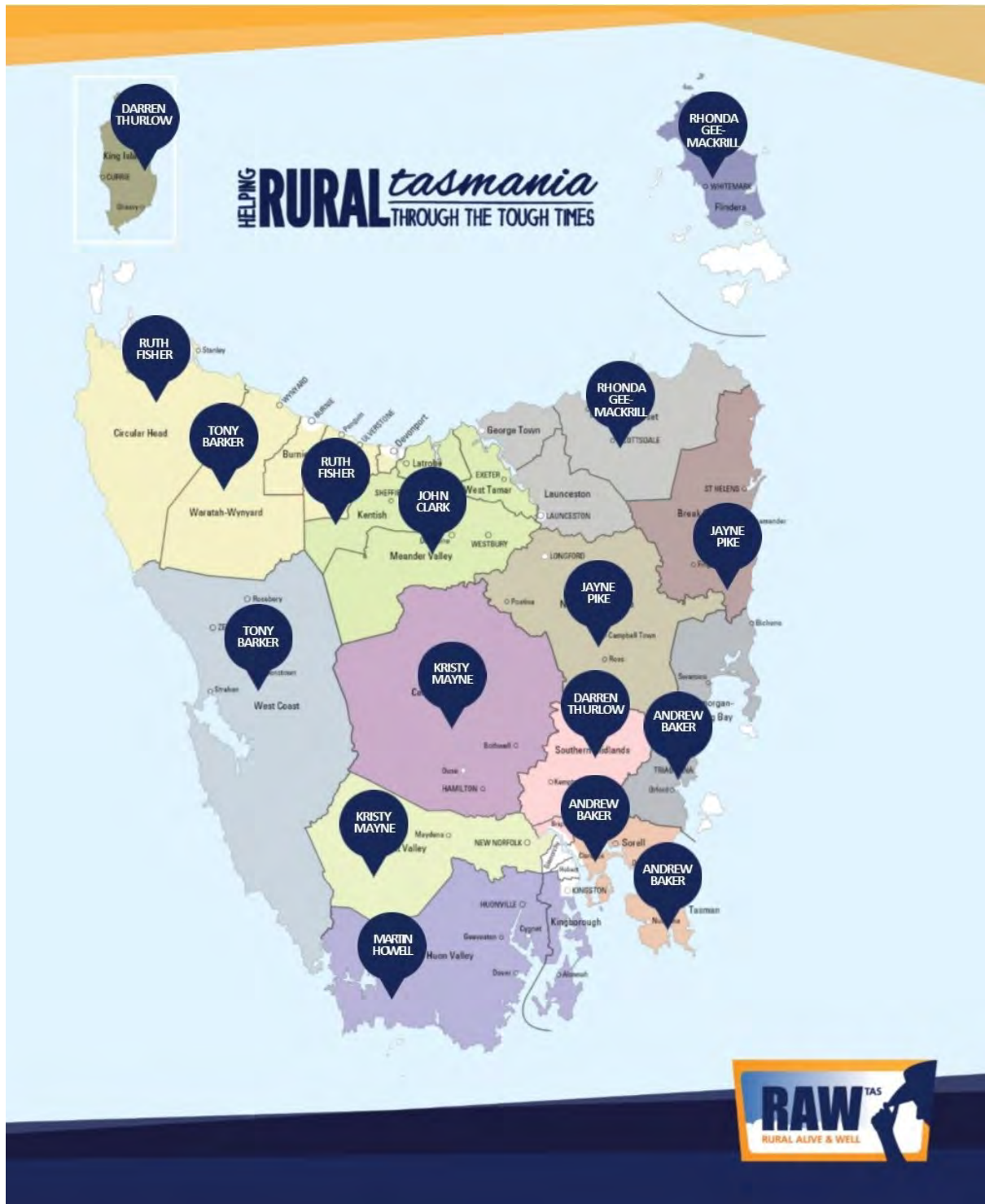
Martin Howell

Rhonda Gee-Mackrill

Kristy Mayne

Jayne Pike

Areas of Service 2017- 2018



Partners and Supporters



Partners and Supporters



WREST POINT
TASMANIA



Aperloo Gallery

Partners and Supporters





2017/2018 Donors

Rural Alive & Well would like to publicly thank all individuals who generously provided donations to RAW during 2017/2018 financial year. A thankyou also goes out to those individuals that provide cash donations at events and at stores that hold RAW donation boxes. These individuals and organisations to name a few donated to Rural Alive & Well in 2017/2018:

Apex Club of Deloraine
Arrow Pharmaceuticals Pty Ltd
Bellerive Farmers Market
Bicheno Pharmacy
Bothwell Gun Club Inc
Bothwell Uniting Church
Bridge of Hope Anglican Parish of Latrobe
Andrew Cathcart
Cement Australia Holdings Pty Limited
Cluden Newry Angus
CWA Lindisfarne
Cygnet Folk Festival
De'Arne Cherrie
Anne Downie
FSS Support
Furneaux Tavern
Nick Goddard
Grantof Wines Pty Ltd
Rosalind Herbert
David Kirk

Anton Lade
Lions Club of Hobart Town Inc.
Lions Club of Sorell Inc.
Lions Club of St Helens Inc.
Lions Club of Tasman Inc.
Ian McMichael
Macquarie Franklin Pty Ltd
Merrin Foundation
Martin Nailer
Mary & Murray Partridge
RACT
Rotary Club of Scottsdale
Samaritan Project Fund
Scottsdale Cricket Club
Sealy's Store Bothwell
Tasmanian Deer Stalkers Association T10SSAA
The Cape Hope Foundation
Veteran Car Club
Maria Winkler

RAW 2017 Annual RAST Luncheon 21st October 2017

Rural Alive and Well Inc. held the 2017 Royal Hobart Show Luncheon in partnership with Royal Agricultural Society of Tasmania. The keynote speaker was Sue Murray the CEO of Suicide Prevention Australia. Rural Alive & Well Inc. would like to thank Sue for sharing her inspiring words and pass on a grateful acknowledgement of thanks to all of the generous supporters of this event.



RAW 2017 Annual RAST Luncheon Sponsors

The success of the show luncheon would not be possible without the generous support of the following individuals and businesses:

4 Business & Community

AFL Tasmania

Hon. Elise Archer MP

Aperloo Gallery

Bay of Fires Wines

Boks Bacon

Bream Creek Vineyard

Cool Wine

Daci and Daci Bakers

Devils Corner Tasmania

Fat Pig Farm

Dianne Fowler

Drummond Golf

Mary Gays

Glen Ayr

Gone Fishing Charters & Andrew Hart:

Hook, Line & Sinker

Hon. Matthew Groom MP

Lord Mayor Alderman Sue Hickey

Hill Farm Preserves

Huon Aquaculture

Island Berries

John Jones OAM

Lease 65

Ian and Tam McMichael

Mt Elephant Pancakes

Norfolk Bay Gourmet Seafoods

North Melbourne Football Club

Port Arthur Lavender

Rannoch Quail

Royal Agricultural Soc. Of Tas

Roberts Ltd

Stoney Rise Vineyard

Tasmanian Pate

Tasmanian Pickled Onions

TASSAL

Leonie Young

Wicked Cheese Co.

Rural Alive & Well Inc

A.B.N. 65 712 033 425

Financial Report

For the Year Ended 30 June 2018

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Rural Alive & Well Inc.

Income Statement

For the Year Ended 30 June 2018

	Note	2018 \$	2017 \$
INCOME			
Activities income		118,814	72,268
General income		23,410	87,481
Donations		99,019	149,818
Grant funding - DHHS		731,610	716,044
Grant funding - DoHA			
Fund - Prime Health Tas		326,495	323,120
Interest received		4,803	6,359
Training		32,503	-
Other Income		4,545	6,423
Total Income		1,341,200	1,361,514
EXPENSES			
Accountancy and audit		6,015	7,056
Advertising		1,432	2,364
Bank charges		943	931
Board catering		174	540
Board expenses		59	917
Client brokerage		1,065	10,536
Depreciation		42,033	58,436
Dues and subscriptions		2,051	3,903
Electricity		5,081	3,910
Employee costs	3	1,096,675	1,100,919
External consultants		9,060	11,383
Insurance		79,812	52,275
Internet		955	2,262
IT - maintenance		5,957	8,078
IT - software		15,127	14,802
IT - website		595	698
Legal expenses		-	2,895
Postage and shipping		210	483
Printing		2,455	27,893
Rates and charges		1,074	1,020
Recruitment		-	1,579
Rent and building maintenance		10,740	13,899
Review Costs		20,000	-

Rural Alive & Well Inc.

Income Statement

For the Year Ended 30 June 2018

	Note	2018 \$	2017 \$
Staff amenities		1,033	1,184
Stationery		7,595	5,907
Sundry expense		2,260	3,249
Telephone		19,678	20,973
Travel and accommodation		31,232	47,529
Vehicles and maintenance		86,463	63,741
Workshop Training Sessions		21,667	2,665
Workshop information session		3,408	11,133
Workshop seminars and conferences		4,620	2,423
Workshop client data systems		-	-
Total Expenses		1,479,468	1,485,583
NET PROFIT		(138,268)	(124,069)

Rural Alive & Well Inc.

Balance Sheet

As at 30 June 2018

	Note	2018 \$	2017 \$
ASSETS			
Current Assets			
Cash	4	318,877	300,241
Trade and other receivables		52,713	65,861
Total Current Assets		371,590	366,102
Non-Current Assets			
Property, plant and equipment	5	121,097	130,941
Total Non Current Assets		121,097	130,941
TOTAL ASSETS		492,687	497,043
LIABILITIES			
Current Liabilities			
Trade and other payables	6	165,488	56,908
Unexpended grant money		46,970	25,000
Total Current Liabilities		212,458	81,908
Non-Current Liabilities			
Employee Provisions	7	104,787	101,425
Entity wind up costs	2	104,121	104,121
Total Non-Current Liabilities		208,908	205,546
TOTAL LIABILITIES		421,366	287,454
NET ASSETS		71,321	209,589
EQUITY			
Accumulated funds	8	71,321	209,589
TOTAL EQUITY		71,321	209,589

Rural Alive & Well Inc.

Statement of Cash Flows

For the Year Ended 30 June 2018

	Note	2018 \$	2017 \$
Cash flows from operating activities:			
Government grants, fees and other income		1,371,515	1,253,131
Interest received		4,803	6,359
Payments to suppliers and employees		(1,325,492)	(1,406,856)
Net cash (used in)/generated from operating activities	9	50,826	(147,367)
Cash flows from investing activities:			
Proceeds from sale of assets			22,000
Purchase of motor vehicles, plant and equipment		32,190	(2,513)
Net cash (used in)/generated from investing activities		32,190	19,487
Cash flows from financing activities:			
Proceeds from borrowings		-	-
Net cash (used in)/generated from financing activities		-	-
Net increase/ (decrease) in cash held and cash equivalents held		83,016	(127,880)
Cash and cash equivalents at beginning of financial year		300,241	428,120
Cash and cash equivalents at end of financial year		383,256	300,241

Rural Alive & Well Inc.

Statement of Changes in Equity

For the Year Ended 30 June 2018

	Retained Earnings \$
Balance 1 July 2016	333,658
Comprehensive Income	
Deficit for the year attributable to members of the entity	(124,069)
Other comprehensive income for the year	-
Total comprehensive income attributable to members of the entity	(124,069)
Balance at 30 June 2017	209,589
Comprehensive Income	
Deficit for the year attributable to members of the entity	(138,268)
Other comprehensive income for the year	-
Total comprehensive income attributable to members of the entity	(138,268)
Balance at 30 June 2018	71,321

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2018

1 Accounting Policies

These financial statements are a special purpose financial report prepared in order to satisfy the reporting requirements of the *Association Incorporation Act (Tasmania) 1964*.

The committee have determined that the association is not a reporting entity and therefore there is no need to apply Australian Accounting Standards or other mandatory professional reporting requirements in the preparation and presentation of the financial statements.

The financial report has been prepared on an accruals basis and is based on historic costs modified by the revaluation of selected non-current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report:

(a) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a straight-line basis over their useful lives commencing from the time the asset is held ready for use.

(b) Revenue

Grants and fundraising revenue are recognised when the entity obtains control over the funds, which is generally at the time of receipt.

Government grants are recognised as revenue in the period in which they are actually received.

Interest and other income is recognised on receipt.

(c) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstance the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are show inclusive of GST.

2 Economic Dependency

Although there is no reason to believe that funding will cease, the ongoing viability of the organisation as a going concern is dependent on continued Government funding.

A non-current liability of \$104,121 has been quantified in the financial statements as at 30 June 2018. This amount has been determined and agreed upon by the members of R.A.W's Financial Audit Risk Committee to adequately disclose the forecasted costs that the organisation is resonably expected to incur in order to wind up its operations, and discharge its obligations in the event that Government funding support is withdrawn.

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2018

	2018	2017
	\$	\$
3 Employee costs		
Wages and salaries	954,168	954,095
Superannuation	96,327	89,437
Long service leave provision	(10,530)	6,936
Annual leave provision	20,995	3,373
Sick leave provision	(7,103)	10,974
TOIL time paid	11,944	14,041
Training	10,389	11,452
Staff debriefing	-	12,471
Staff Supervision	10,215	-
Other employee expenses	10,269	(1,858)
	1,096,675	1,100,919
4 Cash		
ANZ - operating	53,170	23,963
ANZ - saver account	425	63,781
CBA - operating	6,355	7,729
CBA - Term Deposit	208,626	204,467
CBA Term Dep. Interstate Fund	50,000	-
Petty Cash	300	300
	318,877	300,241
5 Property, Plant and Equipment		
Motor vehicles	336,116	307,807
Accumulated depreciation	(221,205)	(184,023)
Property & Equipment	21,323	17,442
Accumulated depreciation	(15,137)	(10,285)
	121,097	130,941
6 Trade and Other Payables		
Trade creditors	115,857	24,727
GST clearing	8,566	14,637
PAYG withholding payable	16,139	16,422
Superannuation payable	24,926	1,122
	165,488	56,908

Rural Alive & Well Inc.

Notes to the Financial Statements

For the Year Ended 30 June 2018

	2018	2016
	\$	\$
7 Employee Provisions		
Note change of policy: The LSL provision has been adjusted to factor in the probability of employees completing 10 years of service starting from year 1. This is more in line with general accounting standards		
Provision for long service leave	26,220	36,749
Proviion for annual leave	57,108	36,113
Provision for sick leave	21,460	28,563
	104,787	101,425
8 Accumulated Funds		
Accumulated funds b/f	209,589	333,658
Net Profit for the period	(138,268)	(124,069)
Closing balance	71,321	209,589
9 Cash Flow Information		
Reconciliation of Cash Flows from Operations with Operating Surplus / (Deficit)	2018	2017
	\$	\$
Operating surplus / (deficit)	(138,268)	(124,069)
Depreciation	42,033	58,436
Less: Profit on disposal of fixed assets		(5,423)
Changes in net assets and liabilities:		
(Increase)/ decrease in receivables	13,148	(50,447)
Increase/ (decrease) in payables	108,580	(102)
Increase/ (decrease) in provisions & other liabilities	25,332	(25,761)
	50,826	(147,367)

Rural Alive & Well Inc

Officers' Assertion Statement


For the Year Ended 30 June 2018

The Committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee, the attached financial report:

1. Presents a true and fair view of the financial position of the Rural Alive & Well Inc, as at 30 June 2018 and its performance for the period 1 July 2017 to 30 June 2018;
2. At the date of this statement, there are reasonable grounds to believe that the Rural Alive & Well Inc, will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:


.....
President

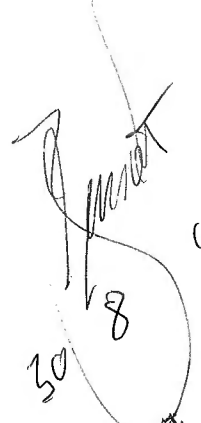

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Treasurer

Dated at Hobart this 30th day of August 2018

Rural Alive & Well Inc

Board List

NAME	ADDRESS	POSITION	PHONE	MOBILE	EMAIL
Ian McMichael	Leintwardine', PO Box 13, Ouse TAS 7140	President	03 6287 1207	0428 578 043	ian@ivmcm.com
Dianne Fowler	'Bendeveon', 2High Street, Bothwell, TAS 7030	Treasurer	03 6259 5635	0427 595 634	fowlerbendeveon@bigpond.bigpond.com
Leonie Young	33 Melbourne Street, Triabunna, TAS 7190	Board Member		0412 550 611	leonie.young1@bigpond.com
Robin Thompson	460 Sledgetrack, West Scottsdale, TAS 7260	Secretary		0408 129 371	robin.thompson@dpipwe.tas.gov.au
Dr Rob Walters	2 Dewit Street, Battery Point, TAS 7004	Board Member		0418 127 123	waltmob@bigpond.com
Noel Beven	1243 Colebrook Rd, Campania. 7026	Board Member	03 6260 4286	0418 604 286	noelbeven@hotmail.com
Nicholas d'Antoine	311 Brumby St, Longford. 7301	Public Officer		0418 130 669	harwickhill@bigpond.com
Ron Christie	Unit 5 82 Hampton Rd, Battery Point 7004	Board Member		0414 444 414	ronchristie@netspace.net.au
Anne Downie	Dungrove, Bothwell 7030	Junior Vice President	03 6259 6192	0427 563 659	annefdownie@gmail.com
John Tuskin	321 Hobart Road, Youngtown 7249	Board Member		0418 130 414	jtuskin@ruralco.com.au
Nick Goddard	18 Lanena Street, Bellerive 7018	Vice President		0438 341 903	ngoddard@netspace.net.au
John Jones OAM	Main St, Kempton Tas 7030	Member			jones.ent1@bigpond.com
Fiona Judd	370 Forest Hill Rd, Sandford, Tas 7020	Member			fiona.judd@thewomens.org.au

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 Michael Burnett
 Registered Company Auditor
 Accru
 Hobart

Independent Auditor's Report

To the members of Rural Alive & Well Inc

Opinion

We have audited the financial report of Rural Alive & Well Inc (the Entity), which comprises the statement of financial position as at 30 June 2018, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and the declaration by those charged with governance.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Entity as at 30 June 2018 and of its financial performance and its cash flows for the year then ended in accordance with *Australian Charities and Not-for-profits Act 2012 (ACNC Act)*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standard Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Rural Alive & Well Inc to meet the requirements of the ACNC Act. As a result, the financial report may not be suitable for another purpose.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation of the financial report in accordance with the ACNC Act, and for such internal control as Management determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

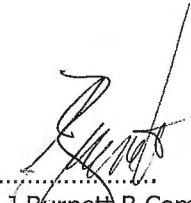
In preparing the financial report, Management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditor's Responsibility for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: <http://www.auasb.gov.au/Home.aspx>. This description forms part of our auditor's report.



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Michael J Burnett B.Com. FCA
Registered Company Auditor
Partner, Accru+ Hobart
Lvl 1, 18 Ross Avenue
ROSNY PARK TAS 7018

30-8-18
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Date

Notes

